



MOI UNIVERSITY COUNSELING UNIT



SERVICES OFFERED

- The staff in the counseling unit strive to address these personal concerns. We also offer group and individual counseling to address other personal challenges when settling in college such as:
- Stress
- Time management
- Dealing with change
- Communication problems such as shyness
- Coping with the feelings of loneliness
- Depression etc.





Other Services offered include:

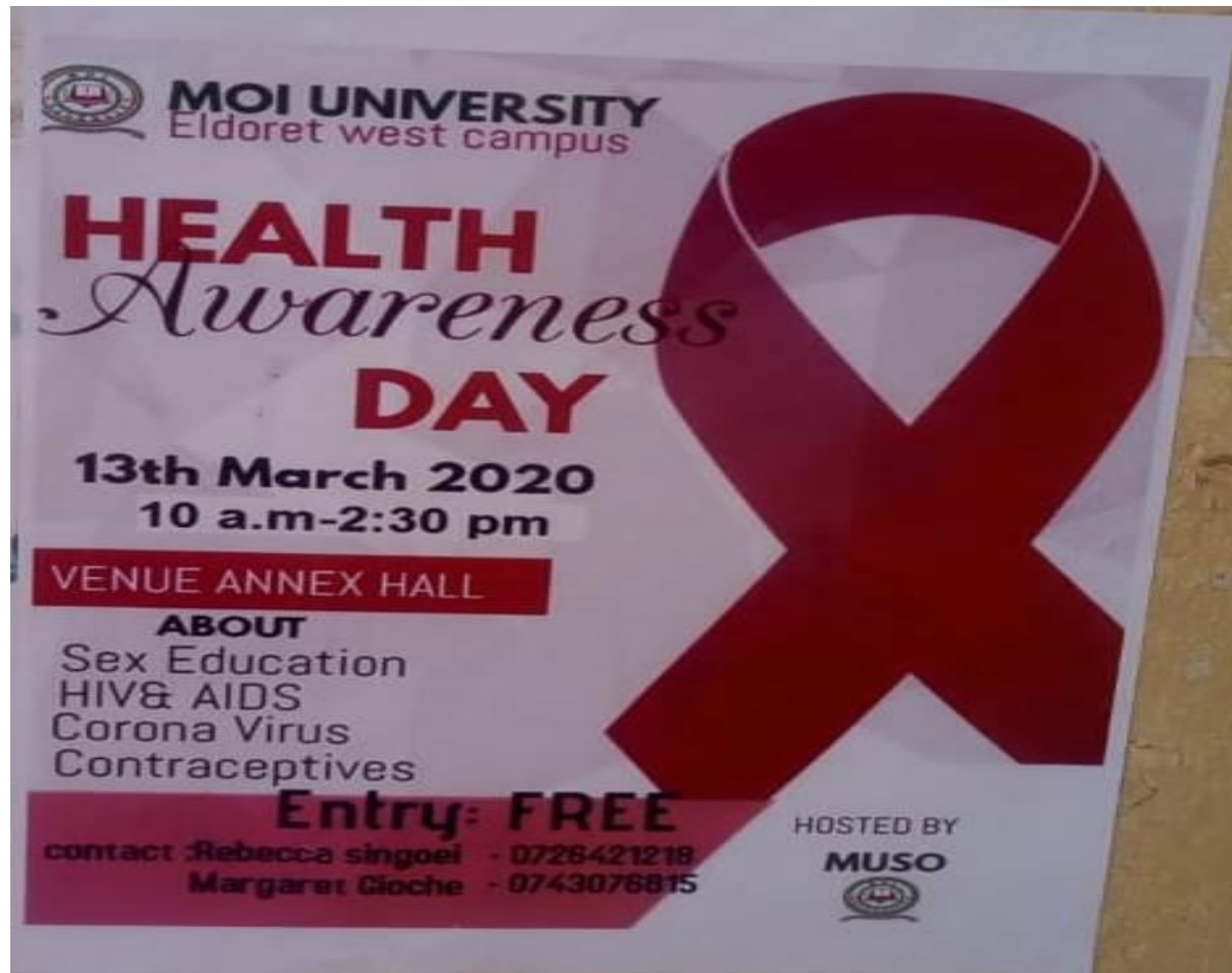
- **Peer counselors training & retreats**



- **Annual peer counselors awareness week**



- Sexual /reproductive health training & HIV/AIDS awareness workshops



 **MOI UNIVERSITY**
Eldoret west campus

HEALTH
Awareness
DAY

13th March 2020
10 a.m-2:30 pm

VENUE ANNEX HALL

ABOUT
Sex Education
HIV& AIDS
Corona Virus
Contraceptives

Entry: FREE

contact Rebecca singoei - 0726421218
Margaret Gioche - 0743076815

HOSTED BY
MUSO




- **Sensitization on Gender based violence**



- Alcohol & drug Abuse sensitization



- **OUTREACHES TO THE COMMUNITY**



CONTACT US

For more information contact us using the links below

- **To talk to a Students Counselor**

<https://www.facebook.com/Moi-University-Counseling-Unit-119241756583334/>

- **Joining peer counseling**

<https://chat.whatsapp.com/CkSnomGySzsB6scQebJZaM>

- **To talk to a peer counselor**

<https://www.facebook.com/300635450120215?>

- **To participate in peer counseling activities**

- <https://instagram.com/moiunicounselling?igshid=1cun0w584l6e2>

